



**Autism
Central**
For parents and carers

Catterick Garrison Parent Support Drop In

Tuesday 11th February

Tuesday 11th March

Tuesday 2nd April

10am - 12pm

Regular attendance from the
following services:

Wellbeing in Mind
Defense Medical Welfare Service
Catterick Connection
Early Help Team

www.autismcentral.org.uk/NEandY

Autism Central
is funded by:



**“Very helpful sessions,
with lots of tips
and advice”**



Autism Central is delivered in North East
and Yorkshire England by:



**DAISY
CHAIN**
Autism & Neurodiversity